

Seals of the Branches of the U.S. Armed Forces













Treedom's Feast MEMORIAL DAY

On-line resources to get the most out of your AMERICAN holiday Celebrations.

TAKING ACT FOR US

ACTING FOR THOSE WHO SERVE

First, say thank you to those who are serving.

There are many sites and many ways to do it but here are two:

- 1. Write a letter. "A Million Thanks" sends messages year round to our "past and present" US military men and women to thank them for their "sacrifices, dedication and service."
- 2. Show your gratitude to our men and women in uniform whenever you see them. They'll appreciate it. **This video** shows you how to do it.

Send packages and provide needed services. Thousands of organizations provide opportunities for helping to support veterans and active members of our armed forces.

- 1. Visit this **consolidator site** which provides a wide range of options.
- 2. Consider one of these programs that received top ratings from Charity Watch: Semper Fi and America's Fund: For Our Combat Wounded, Ill and Injured

Fisher House Foundation: Houses military families during medical treatment

Kos For Warriors: Pairs rescue and shelter dogs as service dogs for warriors

Teach your children about the meaning of military service and sacrifice. Show them by your example that you respect citizens who have chosen to help others in this way. Though members of the armed services are always at risk for combat, many provide essential support to civilians throughout the world in moments of crisis.

The books listed on **our reading list in "Explore More"** cover many aspects of military service but all are appropriate for children. Review them on Amazon or look for them at your local library.

Enjoy taking action for those who serve. Thank you for helping to raise the next generation of great American citizens.

Please visit us on Facebook to share your experiences and visit us again on Independence Day.











TIPS FOR WRITING TO TROOPS

- ★ Dear Troops, Dear Hero
- ★ Thank & acknowledge the military personnel for their service to our country
- ★ Write something about yourself (favorite color, food, sports team; what you did today; about your family)
- ★ You can ask a question, tell a joke!
- ★ Sign your first name, city you live in, and age (optional)

WORD SUGGESTIONS FOR THANKING AND ACKNOWLEDGING OUR TROOPS

Thank you Brave Selfless **Amazing** Honor Sacrifice Courageous Appreciate Hero Courage Patriotic Proud Protect Determined USA Strength American Freedom

Source: <u>The Major Stuart</u> <u>Adam Wolfer Institute</u>

©2021 Freedom's Feast, Lee M. Hendler, Lawrence Neinstein, MD, Dr. Ron Wolfson; Illustrations by Christine Marie Larsen